

## **LGBTQ Resources**

### **Lesbian, Gay, Bisexual, Transgender, Questioning.**

#### **Trans Teens Online Talk Group**

The Trans Teens Online Talk Group is a live, moderated group chat for trans youth ages 12 thru 19, operating each Wednesday from 4-6 pm pacific time. It will be available at [www.GLBThotline.org/transteens](http://www.GLBThotline.org/transteens)

*This new program is designed to be a safe place that will allow trans youth to talk freely about concerns and issues, with others their own age, providing support for one another, and helping each other know they are not alone.*

#### **LGBTQ Helpline**

1-888-340-GLBT

[www.Fenwayhealth.org](http://www.Fenwayhealth.org)

#### **Trevor Project**

1-866-488-7386

[www.TheTrevorproject.org](http://www.TheTrevorproject.org)

#### **Greater Boston PFLAG**

1-781-891-5966

[www.gbpflag.org](http://www.gbpflag.org)

#### **OUT – Metrowest/WAGLY**

[www.Outmetrowest.org](http://www.Outmetrowest.org)

#### **Need to Talk**

1-800-273-TALK

[www.Halfofus.com/find-help-now](http://www.Halfofus.com/find-help-now)

## Resources for trans youth, their families and providers

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### Local Groups

- **South Shore Transgender Family Alliance Support Network** [sstfa.org](http://sstfa.org)
- **PFLAG** (parents, families, and friends of gay, lesbian, bisexual, and transgender people) meets on the fourth Monday of the month at 7:30 PM at First Parish Church Unitarian Universalist in Duxbury
- **AGLYs** (Alliances of LGBTQ Youth) Community based youth leadership development group for LGBTQ and ally youth that are located across Massachusetts. To find the one closest to you - [bagly.org/programs/youth-group/find-an-agly](http://bagly.org/programs/youth-group/find-an-agly)
  - Umbrella - a bi-monthly AGLY meeting for trans youth in Wellesley Hills [outmetrowest.org](http://outmetrowest.org)
- **COMPASS** a New England area female-to-male trans support, information, and social group [compassftm.org](http://compassftm.org)

### Basic Guides

- **Family Acceptance Project** booklet [familyproject.sfsu.edu/files/FAP\\_English%20Booklet\\_pst.pdf](http://familyproject.sfsu.edu/files/FAP_English%20Booklet_pst.pdf)
- **A good basic support guide from PFLAG: Welcoming our Trans Family and Friends** [community.pflag.org/Document.Doc?id=202](http://community.pflag.org/Document.Doc?id=202) Also look for PFLAG's **Guide to Being an Ally**
- **Our Trans Children** booklet (8th edition) from PFLAG's Transgender Network [community.pflag.org](http://community.pflag.org)
- **Guidance for Mass. Public Schools: Creating a Safe and Supportive School Environment Nondiscrimination on the Basis of Gender Identity** [doe.mass.edu/ssce/GenderIdentity.pdf](http://doe.mass.edu/ssce/GenderIdentity.pdf)
- **Creating a safe folder** [imatyfa.org/resources/parents/creating-a-safe-folder](http://imatyfa.org/resources/parents/creating-a-safe-folder)
- **Transgender Youth: Providing Medical Treatment for a Misunderstood Population** By Stephanie Brill and Jennifer Hastings, MD [nwhn.org/transgender-youth-providing-medical-treatment-misunderstood-population](http://nwhn.org/transgender-youth-providing-medical-treatment-misunderstood-population)

### Books for parents

- **Helping Your Transgender Teen: A Guide for Parents** by Irwin Krieger
- **The Transgender Child** by Stephanie Brill and Rachel Pepper
- **Gender Born, Gender Made** by Diane Ehrensaft
- **Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children** edited by Rachel Pepper
- **Trans Bodies, Trans Selves** edited by Laura Erickson-Schroth
- **Transgender 101: A Simple Guide to a Complex Issue** by Nick Teich
- **Transgender Explained for Those who are Not** by Joanne Herman
- **Trans Forming Families** edited by Mary Boenke (third edition, 2008)

### Books for professionals

- **TRANSGENDER EMERGENCE: Therapeutic Guidelines for Working With Gender-Variant People and Their Families** by Ari Lev
- **Far From the Tree: Parents, Children, and the Search for Identity** by Andrew Solomon
- **Nurturing Queer Youth: Family Therapy Transformed** by Linda Stone Fish and Rebecca Harvey
- **Transgender Family Law: A Guide to Effective Advocacy** edited by Jennifer Levi and Elizabeth Monnin-Browder
- **Confessions of a Gender Defender: Psychologist's Reflections on Life Among the Transgendered and Gender Loving Care** by Randi Ettner

### Books for youth

- **Fiction: Luna** by Julie Anne Peters (male-to-female teen)
- **Parrotfish** by Ellen Wittlinger (female-to-male teen)
- **Beyond Magenta: Transgender Teens Speak Out** by Susan Kuklin
- **I am J** by Cris Beam

### Male-to-female memoirs

- **She's Not There** by Jenny Finlan Boyle